



Fable x freshprep

Simplify & elevate your home dining experience

You'll never have dinner another way again—cook restaurant-quality dinners easily and serve on stylish, premium dinnerware.

Visit freshprep.ca and use this code at checkout to receive a GIFT of 3 meals (\$36.75 value)!

BDFABLE

No commitment. Valid for new customers only. Redeem within 30 days.



As seen in

THE WINKULTUR SIN

straight

DAILY HIVE
THE JOURNAL OF HUNTER-GATHERERS

CBC

food

global NEWS

HOW IT WORKS



Select Recipes



Schedule Delivery



Cook Incredible Meals

Fresh Ingredients

Get freshly prepared ingredients delivered to your home or office in a cooler bag.

Cook Dinner Quickly

Use pre-portioned ingredients and simple recipes to whip up restaurant-quality meals within 30 minutes.

Better Value & Free Delivery

Get all the ingredients you need in the right amounts — no more wasting food. As low as just \$10 per meal.

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