

**Good friends and good
food go together like
peas and carrots.**

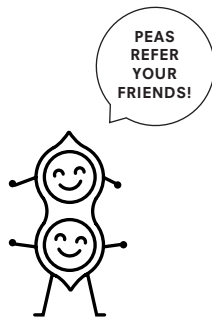


freshprep



Get rewarded for sharing the Fresh Prep love.

Get **2 free plates** (valued at \$24.50) credited to your account for each friend who signs up by October 16 using your referral link! Your friend will get **3 free plates** (valued at \$36.75).



INVITE YOUR FRIENDS TO FRESH PREP

Just log into your account, go to www.freshprep.ca/invite and share your referral link with your friends.

*Special referral offer is valid for first-time Fresh Prep customers who sign up between Oct 6–16, 2019 and order by Oct 30, 2019 11:59pm. Bonus referral credits will be applied to referrer's account by Nov 1, 2019. Each referrer can enjoy a maximum of \$245 referral credits with this special referral offer.